

# St. Mary of the Visitation Parish



16 Cooper Street, Cambridge (Hespeler), Ontario N3C 2N2  
Tel: 519-658-4443 Email: [stmarycambridge@hamiltondiocese.com](mailto:stmarycambridge@hamiltondiocese.com)  
[www.stmaryhespeler.ca](http://www.stmaryhespeler.ca)

Rev. Ed Henhoeffler, Pastor

Rev. Mr. Michael Foulger, Permanent Deacon

Mrs. Rosanne Nusca, Administrative Assistant

*St Mary of the Visitation Parish exists to be a light on the hill and offer every person in our community a life-changing encounter with Jesus*



## SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Ministry: Programs are suspended until further notice.*

## WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

## PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

## OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

## PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting

Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-658-9414

## SACRAMENT OF RECONCILIATION

Saturday 4:00 p.m. to 4:45 p.m.

## SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

## SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.

## PASTORAL CARE TO SICK AND HOMEBOUND

Current restrictions do not allow our Ministers of Communion to enter nursing homes or hospitals at this time.

## ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

Date	Time	Mass Intentions	Requested by
Tuesday, March 8	7:00 p.m.	Intentions of Mark Henderson	The Henderson Family
Wednesday, March 9	8:00 a.m.	+ Dennis Doye	Agnes Doyle
Thursday, March 10	8:00 a.m.	Intentions of the Burns Family	Catherine McGhee
Friday, March 11	8:00 a.m.	+ Ed Teixeira	Agnes Doyle
Saturday, March 12	8:30 a.m. 5:00 p.m.	Intentions of Noreen & Paul Tenechuk + Daniel Chabot + Bernadette DiCarlo	Sharon Prior Jocelyn Dominas Wendy Halliwell



**WELCOME TO ST. MARY OF THE VISITATION PARISH**

A special welcome to all new members and visitors! We encourage all new members to register with the

parish. Please pick up a registration form at the church entrance or complete an online form:

[www.stmaryhespeler.ca/new-parishioners](http://www.stmaryhespeler.ca/new-parishioners)

**JOIN IN PRAYING THE ROSARY** every Tuesday at 6:30 p.m. before Mass, and at 7:30 a.m. before morning Mass on Wednesday, Thursday and Friday. All are welcome.



**ADORATION OF THE BLESSED SACRAMENT:**

Wondering what to do during this Lenten season? Why not sign up for an hour of Eucharistic Adoration. Several hours are still available. If you would like to spend one hour a week with Jesus truly present in our Adoration

Chapel, or would like more information please call: Frank and Sheila (519) 658-9414.

Adoration of the Blessed Sacrament is available from Sunday at 12:00 p.m. through Saturday at 5:00 p.m. (*The chapel closes at 5 p.m. on Saturday and re-opens at 12:00 p.m. on Sunday*).

**PRAYERS FOR CANADA:** All are invited to pray in the church on **Fridays at 3:00 p.m.**

**SUPPORT FOR UKRAINE:** If you would like to financially support Catholic organizations that are on the ground supporting the Ukrainian people, CNEWA (Catholic Near East Welfare Associate) Canada as well as Development and Peace (which works with CARITAS international) have campaigns in place to help with the humanitarian crisis caused by the war. Donations can be made on-line to via CNEWA at <https://cnewa.org/ca/> and to Development and Peace at <https://www.devp.org/en/>  
*Let us continue to pray for the end of this conflict.*



**LENTEN BIBLE STUDY:** By the Paschal mystery, the Passion, Death and Resurrection of Christ we are saved. The narrative of each of the Gospels leads us to that moment at which Jesus gives his life for the salvation of the world. On Palm Sunday each year we listen to one of the Passion accounts from one of the synoptic Gospels: Matthew, Mark, and Luke, and each year on Good Friday we listen to the Gospel according to John. Join us on **March 12, 19, and 26** as Father Ed will lead us through an examination of the Passion narratives from each of the Gospels. We will begin with Mass at 8:30 a.m. followed by the talk in the parish hall.

A special invitation for Mass on Saturday, March 19 which is the Solemnity of St. Joseph, the patron of Canada and the Universal Church.

**STATIONS OF THE CROSS:** Join us Fridays of Lent at 7:00 p.m. for Stations of the Cross followed by Adoration of the Blessed Sacrament and concluding with Benediction around 8:30 p.m.

**SOLEMNITY OF THE ANNUNCIATION:** Friday, March 25<sup>th</sup> is the Solemnity of the Annunciation. This feast, nine months before Christmas, marks the Angel Gabriel's announcement to the Virgin Mary that she would become the Mother of God. Instead of Stations of the Cross we will offer Mass at 7 p.m. that evening. The Mass will be offered for the respect for life and the protection of the unborn child.

**DIGITAL LENTEN RESOURCES:** The Office for Evangelization and Catechesis and the Liturgy Office have prepared a variety of resources for parishes and families for the Lenten season. Visit <https://hamiltondiocese.com/lent2022/>

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**FIRST RECONCILIATION:** Father Ed has recorded a special video for children preparing for their First Reconciliation on **March 23<sup>rd</sup> and 24<sup>th</sup>**. Please visit the First Communion page on our parish website to view the video.

**PARISH OFFERINGS**

**February 26-27, 2022**

Sunday Envelopes (98):	\$3,605.00
Loose Offerings:	\$248.85
Seminary Education (1):	\$50.00

**Your continued financial support is greatly appreciated.**

If you are looking for ways to support the parish, please visit [www.stmaryhespeler.ca/donate](http://www.stmaryhespeler.ca/donate)

**SEMINARY EDUCATION:** This special collection supports the educational needs of seminarians within the Hamilton Diocese. Our parish has collected \$1,415.00. Thank you for your support! *Please note that this collection has now ended.*

**SYNOD 2021-2023: SHARE YOUR VOICE**

Bishop Crosby is inviting everyone to participate in preparation for the Synod by completing the Diocesan Survey. Please pick up a flyer at one of the parish entrances and return your responses to St. Mary of Visitation Parish by March 28<sup>th</sup> (look for the return box). These will be forwarded to the Synod Committee at the Chancery Office. You may also respond to the questions electronically: <https://hamiltondiocese.com/synod/>



**PEOPLE AND PLANET FIRST!** This Lent, let's put people and planet first. This year, Development and Peace — Caritas Canada's People and Planet First

campaign calls you to support our sisters and brothers in the Global South in defending their rights and the planet. Do this by:

1. Donating online at <https://www.devp.org/en/> or during the Solidarity Sunday collection on April 3, the fifth Sunday of Lent. Your generosity helps support over 85 projects in 27 countries around the world!
2. Learning more by reading the Mini-magazine and other resources available at <https://www.devp.org/en/campaign/people-planet-first/share-lent/resources/>.

**Mini-magazines are also available at all entrances of the church.**

3. Signing the petition for strong laws to control Canadian corporations' behaviour abroad at <https://www.devp.org/en/campaign/people-planet-first/take-action/>

**40 DAYS FOR LIFE** is a peaceful campaign that seeks to draw attention to the abortion issue by undertaking three distinct actions during the 40 days of the campaign: encouraging prayer and fasting in support of life, constant quiet and respectful prayer vigils outside of places that provide abortion, and education for community/family/friends on the issue. The 40 Days for Life campaign runs March 2<sup>nd</sup> – April 10<sup>th</sup>. Visit <https://www.40daysforlife.com> for information.



**MEETING:** Knights of Columbus Council 4916 resumes in-person meetings on **Thursday, March 10/22** at 7:00 p.m. at St. Clement Church Hall. Masks are required.

**DIOCESE OF HAMILTON PRAYER CALENDAR**  
**March 7 – March 12**

Monday	Rev. Patrick Ohl
Tuesday	Rev. Jerzy Tomon
Wednesday	Sisters of St. Joseph of Cluny (S.J.C.)
Thursday	Rev. Francisco Sordo
Friday	Rev. David Perrin
Saturday	Very Rev. Wojciech Kuzma



**PARENTING TIP OF THE MONTH:** Lent is a time of reflection for all Catholics and a perfect season to help children understand why we engage in prayer, works of charity, care for all and practicing self-control, since all of these can bring us closer to God. Spend time on your Lenten journey as a family by attending Mass and discussing, in simple language, the readings you hear. Decide as a family on prayers and reflections to engage in each day of Lent and together look at how your family might use their resources to give to others. Your children can bring hope to the hearts of others during Lent and their spiritual journey will be enhanced by your presence and guidance.

**MARRIAGE TIP OF THE MONTH:** The season of Lent is a perfect time to reflect on how we are living our lives according to God's call to discipleship and vocation. The vocation of marriage is an essential call since the Sacrament of Marriage is meant to be the visible sign or God's invisible love to the world. Lent then, is a perfect time to examine what you are bringing to your vocation, to see if forgiveness is readily available when needed and to contemplate whether you might make changes to better fulfill your call to marriage. As well, consider praying with your spouse, reflecting on a short Bible passage daily and working on holding anger during Lent, since all of these will strengthen your bond of love and bring you feelings of joy as the Easter season draws near.

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